

JUE'S NEWS

June 2008



TEAM JUE IN SALT LAKE CITY, UT

MASTER JUE, DAVID, LISA,
JOSHUA, CATHERINE, JULIANNE

Catherine, Julianne & David - 1st, 2nd and 3rd place respectively in patterns

Julianne & Lisa - 1st & 3rd place respectively in sparring

Upcoming Events



Jun. 13th

4:00pm - 7:00pm Colored Belt Testing

Jun. 14th

11:45am - 12:30pm TKD Swap Meet

See details on page 2

Jul. 4th

All TKD classes are cancelled
9am KB class only

Jul. 12th

10:30 - 12pm Black Belt testing
5pm Jue's Potluck BBQ

Location: TBA

Aug. 2nd

Seminar with Master Choi,
President of the ITF

Location: Wheatley TKD, Reno, NV

Details: TBA

Aug. 15 - 17

Jue's TKD Camp (tent.)

Location: Salt Creek Resort, Redding, CA

Details: TBA

TEN PHILOSOPHIES OF GREATNESS



The martial arts are made of ancient principles, combined with modern applications. Even in a modern world, where many martial arts systems have become eclectic and where words like "Mixed Martial Arts" have become synonymous with what the martial arts represents, there are age-old philosophies that still ring true in the 21st century. When I was a young boy, the martial arts were taught a bit more elusively. The teacher may have disguised his lessons a bit more. Today's instructors want to cut to the chase and demonstrate benefits quickly. Is that good or bad? Of course, it is entirely up to the student: when the student is ready the teacher will

appear. How ready are you as the student?

Ten Philosophies of Greatness

1. Always be open-minded – Be ready to learn from any experience.
2. Always work hard to achieve greatness – Never settle for mediocrity.
3. Never expect – Always strive to deserve. Never assume that you are owed results.
4. If it is too easy – It is not always worth it. Don't look for the easy way to your goals. Hard work always pays off in the end.
5. Don't compare – Everyone is different. Don't try to do what the person next to you is doing. You are

Contacting Jue's TKD

Policy for changes to Billing

We require 30 days written notice to make any changes to your billing. This includes change of credit card information and cancellation of month to month memberships. Prepaid memberships are non-refundable. Notices may be mailed to the studio at 5460 Sunol Boulevard, Ste. 8, Pleasanton, CA 94566 or sent via email to teamjue@mac.com

Keep in Touch

If you would like to communicate with members of the studio, there are several clubs available --

www.juestkd.com/php

Employment Opportunity

Recruiting manager for a billion dollar company is looking to build a team in the Northern California market. If you are an entrepreneurial individual who is looking to make a career change or need to supplement your income, contact Grace at teamjue@mac.com.

GREATNESS (CONT'D)

your own person; you should work on you and you only. It doesn't matter what others think.

6. Be patient – Don't sweat the small stuff. If you allow yourself to be distracted or upset because little matters, then other components of your life, including family and friends, will be affected by it. Put everything in perspective.

7. Be compassionate – Realize that everyone has agendas. Try to put yourself in others' shoes.

8. Be loving – Treat others as you would treat your mother, father or children. We tend to be more patient with people we know rather than perfect strangers.

9. Be strong – Don't shy from hard work or tasks that are difficult. Strengthen your spirit, body and mind.

10. Be healthy – Treat your body as your temple. "Everything in moderation."
Always be careful about what you eat and drink, and how much you rest. Your body is like an engine; if you do not put in the proper fuel, then it will fail. Take care of your body; it is the only one you have.

TKD SWAP MEET

Do you have sparring gear or uniforms that you've outgrown? If they're in good shape, bring them to TKD swap meet scheduled for Saturday, June 14, from 11:45am - 12:30pm. You might just be able to pick up a bigger size of gently used gear from a fellow student!

All sparring gear must be in good condition. Gear should not have any rips or tears.

Prices for swaps are as follows:
Full sparring gear (head, hand and feet) - \$15
Separate sparring gear - \$5 per piece
Uniforms - \$10

If any student would like to donate the funds received from their swap, we will take donations to purchase food items for a local food bank. Students who donate funds will receive a gift.

SUMMER SCHEDULE

With summer around the corner, we understand that students are looking for activities to engage in.

However, please be aware that the Monday, Wednesday 9:30am classes are reserved for students 13 years and older only. No exceptions!

We are also conducting a program for Young Ivy Academy and those classes are limited to the kids enrolled in their program only.

We will offer private lessons during the week, subject to the availability of the black belts. Private lesson openings will be posted on the schedule.

NEW CLASS OFFERING

Good news for our younger students! We have quite a few students who are 5 - 7 years of age, To better instruct them, we are offering a class that will focus on this age group only. Students 5 - 7 years old will still be able to attend the other classes that they have already been coming to.

The class will be a little shorter in length (35 minutes). Older siblings MAY NOT participate in this class and will be asked to sit on the side.

This special class will be offered Monday - Friday starting June 16th, from 3:15 pm - 3:50 pm.